

## Dr. Lynn Bussey, MD, CCFP, FCFP

### DESIGNATIONS

I have been a family doctor for 20 years in Nova Scotia and a Doctors Nova Scotia board member for 3 years. Currently, I work at the Dalhousie Family Medicine Spryfield Collaborative Health Home located in Central Zone practicing full scope family medicine and teaching learners of all levels. Whether working in the clinic, medical school, or meeting room, I am an enthusiastic clinician, teacher, mentor, leader, and advocate every day.

### RELEVANT EXPERIENCE

#### LEADERSHIP EXPERIENCE

##### **Dalhousie Family Medicine Longitudinal Family Medicine Negotiations**

*Key accomplishments* Mar/24-present

- Member of the DFM LFM negotiation team
- Helping to create and advocating for a new Academic LFM model

##### **Dalhousie Family Medicine Postgraduate Director of Policies and Procedures**

*Key accomplishments* Jan/23 – present

- Fully updated Dalhousie Family Medicine Policy Website including revising more than 25 policies
- Created many new policies for Dalhousie Family Medicine

##### **Dalhousie Family Medicine Halifax Site Faculty Development Lead** Sept/22- present

*Key accomplishments*

- Accredite, organize and host the Dalhousie Family Medicine Grand Round Series
- Supporting Dalhousie Family Medicine residency and clinical expansion
- Plan Dalhousie Family Medicine faculty development sessions 6x/yr on advanced teaching topics

##### **Elected to Doctors Nova Scotia's Board of Directors: Family Medicine Representative**

*Key accomplishments* Mar/22 - present

- Advocating for family medicine at the provincial level
- DoctorsNS CEO Evaluation Committee 2025
- DoctorsNS Governance Committee (Board representative) 2024 - present
- DoctorsNS Awards Committee (Board representative) 2022 & 2023 & 2024
- DoctorsNS Professional Support Program Advisory Committee (Board representative) 2022-present

##### **IWK Head of Family Medicine – Maternal and Newborn Health** Sep/18-Nov/22

*Key accomplishments*

- Leading the IWK Family Medicine team through COVID 19 Pandemic: including opening of the IWK Primary Care Assessment Center and the IWK Community Vaccine Clinic
- Successfully applied for fee code changes for family med obstetrics, newborn & well baby visits
- Successfully advocated for new funding models for IWK Primary Maternity Care & Newborn Service
- Helped negotiate new funding model for Provincial Primary Care Obstetrical Programs
- Led reorganization of the Unattached Newborn Program
- Created and secured funding for IWK Family Medicine PNC, BU and FNCU leadership positions
- Co-created and secured funding for IWK Family Medicine Research Lead

**Dr. Lynn Bussey's profile cont'd**

- Organized IWK Family Medicine CME events, Journal Clubs, Quality & Patient Safety Rounds
- Collaboratively reviewed many IWK and RCP Maternal and Newborn Policies
- Originated and supported many quality and patient safety initiatives at the IWK
- Participated in the NS College of Family Physician's "We Specialized in You" Campaign

**Clinical Team Leader, Dalhousie Family Medicine, Spryfield** Oct/09–Sep/17 & Sept/23 - present*Key accomplishments*

- Supporting the development and growth of a Collaborative Health Home
- Designed and organized move to new clinical space in 2010
- Successfully advocated for onsite Lab Services and other collaborators

**LEADERSHIP TRAINING**

DNS Boards of Directors Retreat: Fundamentals of Governance	Oct/24
DNS Board of Directors Retreat: Cyber Security Educational Session	Oct/23
DNS Board of Directors Retreat: Board Governance Session	Oct/23
DNS Board of Directors Retreat: Influence and Advocacy	Feb/23
DNS Board of Directors Retreat: Current and Emerging Issues for Boards	Feb/23
Physician Leadership Institute: Managing Disruptive Behavior	Apr/22
Harvard Career Advancement and Leadership Skills for Women in Healthcare	Nov/20
Physician Leadership Institute: Leadership for Medical Women	Oct/19
IWK Disclosure Training	May/19
Physician Leadership Institute: Crucial Conversations	Apr – May/19
Fully at the Table: Bringing New Life to Physician Leadership	Nov-Jul/11

**CURRENT COMMITTEES**

DoctorsNS CEO Evaluation Committee (Board representative)	Feb/25 - present
DoctorsNS Governance Committee (Board representative)	Oct/24 - present
Dalhousie Family Medicine, LFM Planning Committee	Oct/23-present
Dalhousie Postgraduate Medical Education Policy Committee	Jan/23-present
Dalhousie Family Medicine, Halifax Site Strategic Planning Committee	Sep/22–present
Dalhousie Family Medicine, Halifax Site Medical Education Committee	Sep/22–present
Dalhousie Family Medicine, Faculty Development Coordinator Committee	Sep/22–present
DoctorsNS Awards Committee (Board representative)	Oct/22-present
DoctorsNS Professional Support Program Advisory Committee	Jun/22- present
DoctorNS Board of Directors, Elected Family Medicine Representative	Mar/22-present
Dalhousie Family Medicine, Halifax Site Financial Management Committee	Feb/20- present
Dalhousie Family Medicine, Halifax Site Executive Committee	Nov/19-present

**HONOURS AND AWARDS** (past 5 years)

Dalhousie Undergraduate Program - Top 10% Med 2 Skilled Clinician Tutor	2024
Resident Award for Team 3 Preceptor of the Year	2024
Dalhousie Undergraduate Program - Top 10% Med 2 Skilled Clinician Tutor	2023
Resident Award for Excellent Resident Wellness Advocacy	2023
Resident Award for Exemplary Patient Centered Care	2023
Resident Award for Role Model of the Year	2023
Resident Award for Exemplary Clinical Teaching	2023
Queen Elizabeth II's Platinum Jubilee Medal for COVID contributions at IWK	2023
IWK Good Catch Quality and Safety Award	2021

***Dr. Lynn Bussey's profile cont'd***

Ampi Kanakam-Kidd Award for supporting the Halifax Newcomer Clinic	2020
Professional Kudos from IWK Health Centre	2020
Resident Award for Excellence in Feedback, Department of Family Medicine	2020
Resident Teacher of the Year Award, Department of Family Medicine	2020

**MOTIVATION**

I am running for a second term on the Doctors Nova Scotia Board because I want to continue amplifying the collective voice of physicians and support physicians to thrive so we can continue to make meaningful contributions to the health care of Nova Scotians. I am hopeful that the last contract, particularly the significant investment in family medicine, has laid a foundation for improvements in our health care.

As a board member I sit on various DNS committees including the Professional Support Program Committee, Governance Committee, and Awards Committee. I feel strongly that focusing on physician wellness is vital to Nova Scotian physicians. I am immensely proud of the recent launch on the Pathways program which promotes wellness support, connection, and growth for Nova Scotia physicians. Wherever I am working, I am inspired by the incredible physicians we have in Nova Scotia.

As a hardworking, honest, resilient, detail-oriented doctor with strong communication skills, I would like to continue having a positive impact on the working lives of Nova Scotian physicians by being an active board member for a second term. If re-elected, I hope to continue to advocate for meaningful improvements in issues affecting health care including systemic racism, access, retention/recruitment, remuneration, and physician wellness.

**Dr. Muna Chowdhury, MD, CCFP, FCFP, ISAM-C****DESIGNATIONS**

I have been practicing as a family physician since 2008 and since 2021, have been providing care to diverse patient populations across various settings within the Halifax Regional Municipality. I currently deliver primary care at Dalhousie University's Student Health and Wellness Centre, prescribe opioid agonist treatment at Direction 180, and serve as a gender-affirming care consultant for primary care providers throughout Nova Scotia. Recently, I also founded the Thrive Youth Clinic, a new initiative aimed at offering primary care to equity-deserving youth, in partnership with Phoenix Youth Services and the Halifax Refugee Clinic.

In addition to my clinical work, I have been engaged in teaching medical students and residents in various settings. I routinely tutor first-year medical students through Dalhousie University's Professional Competencies program. This experience has allowed me to discuss and explore issues such as systemic barriers, social determinants of health, ethical challenges in medicine, and how these influence physicians and the care we are able to provide. Helping students navigate these complexities has been incredibly rewarding.

My areas of specialization include Addictions Medicine (certified by the International Society of Addictions Medicine), Gender Affirming Care (certified by the World Professional Association for Transgender Health), and Psychotherapy (trained by organizations such as the Beck Institute and MDPAC). I also serve as a physician peer counsellor through the DNS Professional Support Program. This role has given me the opportunity to connect with physicians across the province and has deepened my understanding of the systemic barriers contributing to clinical burnout, reduced work efficiency, and effects on patient care.

*Dr. Muna Chowdhury's profile cont'd*

Through my diverse clinical background and dedication to serving equity-deserving communities, I approach healthcare with a focus on inclusivity, compassion, and access. I am excited to bring my expertise and advocacy to the DNS Board to help address the challenges we face as physicians and enhance the care we provide to our patients while promoting organizational and systemic policies to enhance physician work environments and address our professional needs.

**RELEVANT EXPERIENCE**

- **ONE PERSON ONE RECORD (OPOR) TRANSITION TEAM - MENTAL HEALTH AND ADDICTIONS PROVIDER CHAMPION:** Feb 2025 - ongoing
- **WORLD ORGANIZATION OF FAMILY DOCTORS (WONCA) – NORTH AMERICAN CHAIR FOR THE POLICY COMMITTEE:** Jan 2025 - ongoing
- **YOUR HEALTH NS - FAMILY PHYSICIAN ADVISORY COMMITTEE:** Jan 2025 - ongoing
- **INTERNATIONAL ASSOCIATION OF ADOLESCENT HEALTH (IAAH) – POLICY COMMITTEE:** Apr 2024 - ongoing
- **INTERNATIONAL CONFERENCE ON PHYSICIAN HEALTH 2024 – PLANNING COMMITTEE:** Jan 2024 – Oct 2024
- **WORLD ORGANIZATION OF FAMILY DOCTORS (WONCA) – CHAIR ADOLESCENT AND YOUNG ADULT CARE:** Oct 2023 – ongoing
- **SOCIETY FOR ADOLESCENT HEALTH AND MEDICINE (SAHM) – DIVERSITY COMMITTEE:** Jan 2023 – ongoing
- **DOCTORS NOVA SCOTIA (DNS) – POLICY AND HEALTH ISSUES COMMITTEE:** Sep 2022 – ongoing
- **COLLEGE OF FAMILY PHYSICIANS OF CANADA (CFPC) – FELLOWSHIP NOMINATIONS REVIEWER:** Jan 2021 – ongoing
- **JOINT ACTION COMMITTEE ON CHILD AND ADOLESCENT HEALTH (JACCAH) – COLLABORATION BETWEEN THE COLLEGE OF FAMILY PHYSICIANS OF CANADA AND CANADIAN PEDIATRIC SOCIETY:** Oct 2019 – Dec 2024 (Committee dissolved)
- **COLLEGE OF FAMILY PHYSICIANS OF CANADA (CFPC) - MEMBER INTEREST GROUP SPECIAL COUNCIL:** Oct 2021 – ongoing
- **CANADIAN PEDIATRIC SOCIETY (CPS) – ANTIRACISM STEERING GROUP:** Feb 2022 – ongoing
- **ONTARIO MEDICAL ASSOCIATION (OMA) – CHAIR COMMUNITY HEALTH CENTRE GROUP:** Apr 2019 – Dec 2020

**MOTIVATION**

I am eager to serve in a leadership capacity on our DNS Board. Throughout my career, I have witnessed firsthand the challenges and opportunities within the healthcare system. I strongly believe in advocating for the needs of both physicians and patients, and working in partnership with stakeholders to ensure that physician voices and concerns are present in all avenues where healthcare decisions are made. If elected, my goal will be to foster an environment where collaboration, innovation, and evidence-based practices thrive.

With a deep understanding of clinical practice and the evolving landscape of medicine, I am committed to supporting initiatives that enhance physician well-being, streamline healthcare processes, and promote professional development. Additionally, I aim to strengthen relationships between healthcare providers, policy makers, and the public, ensuring that we are working together to shape a healthier future for our province by optimizing health care delivery with physician voices at the forefront.

***Dr. Muna Chowdhury's profile cont'd***

I bring a perspective that is both patient-centered and physician-focused, recognizing that when we support our medical community, we enhance the care we provide. My clinical and professional work in various settings has given me greater understanding of specific opportunities for improvement within our provincial health care system. These include strategies to address organizational policies and procedures, support fair remuneration, enhance allied health care supports for physicians, improve physician retention, use digital technology to enhance productivity while reducing physician burden, and address systemic barriers to optimize health care delivery. I am excited to bring my passion, experience, and commitment to this board and would be honored to serve our medical community in this capacity. Thank you.

**Dr. Jennifer O'Connell****DESIGNATIONS**

Family Physician – Central Zone | Crossroads Family Practice, Upper Tantallon

**RELEVANT EXPERIENCE**

I have been on the Doctors Nova Scotia Family Doctors Council since 2021. I am currently serving in the secretary role for the FD Council. I am also the Chair-Elect for the FD Council and will take over the Chair role in December 2025. I sit on the newly formed Oceans E-Services Clinical Advisory Committee and previously sat on the Primary Care E-Referral Advisory Committee. I consistently attend Central Zone Family Doctor Council meetings. Lastly, I co-presented at the webinar addressing Professional Standards and Improving Collaborative Care between Specialists and Family Doctors in 2023.

**MOTIVATION**

I have been practicing comprehensive family medicine in a collaborative family practice for the past 15 years in Nova Scotia (including primary care obstetrics for the first 8 years of practice). I have practiced in all payment models (FFS, APP and now LFM). My practice is also a core training site for Dalhousie Family Medicine residents as well as a busy preceptor site for medical students at all levels of training. We face many challenges as Family Physicians in this province and deserve strong Family Doctor representation to help guide health transformation and advocate for primary healthcare in this province in a meaningful way. I am passionate about improving access to and collaboration with our specialist colleagues as well as improving access to diagnostic imaging for our patients. I have found my work with the FD Council and the E-referrals advisory committee very rewarding and look forward to continuing this work on the Board of Directors as one of the Halifax area Family Physician representatives.