

## **Dr. Travis Carpenter**

### **DESIGNATIONS**

General Internal Medicine, QEII Health Sciences Centre, Halifax, NS (Central Zone)

### **RELEVANT EXPERIENCE**

- Division Head, General Internal Medicine, Department of Medicine, Nova Scotia Health Central Zone (2025-Present)
- Research Fellow, Health Policy, School of Public Policy, University of Calgary (2023-Present)
- Chair, Health Policy Committee, Ontario Medical Association (Chair 2023-Present; Representative 2021-2023)
- Site Director, General Internal Medicine Quality Improvement Network (GeMQIN), Health Quality Ontario + Unity Health Toronto + GEMINI Research Collaborative (2019-2025)
- Medicine Program Quality Council, St. Joseph's Health Centre, Unity Health Toronto (2023-2025)
- Council on Anti-racism, Equity and Social Accountability (CARESA), Unity Health Toronto (2020-2023)

### **MOTIVATION**

I am a general internist originally from Winnipeg, Manitoba and have a tremendous passion for effective health policymaking. I have extensive experience with health policy evaluation, research, and advocacy and am now hoping to make a strong positive contribution to the healthcare landscape in Nova Scotia.

I believe in the passion of physicians and the power of physician leadership. Doctors Nova Scotia has unique strengths and unique responsibilities to ensure that the essential public service that is the health service is as well-managed and effective as possible. I believe Doctors NS must explicitly focus its mission on advocating for the well-being of the individuals making up the profession and measures most critical to addressing broader health system needs - as well as navigating when these two aims may be perceived as being in conflict.

I am a realist and a pragmatist. I believe in measurable progress over devotion to theory. My extensive clinical, personal, and academic experience in a variety of settings, both urban and rural, across the country hopefully ensures my perspectives are well-informed. I believe in thoughtful consensus that incorporates diverse viewpoints. I am keen to share my passion to advance these goals as a Board member.

## **Dr. Caitlin Lees**

### **DESIGNATIONS**

Internal Medicine/Palliative Medicine, Halifax NS  
*MA, MSc, MD, RCPSC*

### **RELEVANT EXPERIENCE**

- Current member of the Board of Directors for Doctors Nova Scotia (2024, appointed one year term) and previous member of the Board of Directors for Doctors Nova Scotia (2017 – 2019)
- Current member of the Doctors Nova Scotia Policy and Health Issues Committee (2019 – Present)

*Dr. Caitlin Lees' profile cont'd*

- Member of the Maritime Resident Doctors Board of Directors from 2015 – 2020, including Vice President (2015 – 2017), President (2017 – 2019), and Past President (2019 – 2020). During my tenure, we successfully negotiated a new contract with the government of Nova Scotia. I also maintained relationships with relevant stakeholders, including the College of Physicians and Surgeons of Nova Scotia, the Royal College of Physicians and Surgeons of Canada, the Faculty of Medicine at Dalhousie University, and Resident Doctors of Canada.
- Region 5 Representative, Specialty Committee in Palliative Medicine, Royal College of Physicians and Surgeons of Canada (2022 – Present)
- Member, Recruitment and Retention Advisory Committee with the Nova Scotia Health Authority and Department of Health and Wellness (2017 – 2019)
- Director, Board of Directors of Resident Doctors of Canada (2017 – 2018)
- Member, Council of the College of Physicians and Surgeons of Nova Scotia (2016 – 2018)
- Postgraduate Medical Education Policy Sub-Committee, Faculty of Medicine, Dalhousie University (2015 – Present)
- Past Associate Chief Resident, Dalhousie Internal Medicine (2015 – 2016)

**MOTIVATION**

Our physician workforce faces significant challenges – recruitment and retention, remuneration, scope creep, infrastructure, access to care, increased overhead expenses, and other health professional staffing all threaten our ability to sustainably provide high quality healthcare to Nova Scotians. As an Internist and Palliative Care physician, I am also keenly aware of the mounting pressures on physicians. We need to act cohesively to advocate for our profession and the healthcare system in a time of increasing costs and health system pressures.

During residency, I served on the DNS Board of Directors and held multiple leadership and advocacy positions within relevant stakeholder organizations, including CPSNS, NSH, DHW, Dalhousie, CMPA, and Mardocs. This past year, I was fortunate enough to have a one-year term on the DNS Board of Directors. I am well-equipped to advocate for physicians in this period of health system transformation. I am familiar with relevant policy and legislative issues, and understand the complex relationships between DNS, NSH, and the province. I have always valued taking an empowered stance in leading change, rather than relying on the hard work of others. I am committed to listening to physicians, understanding their experiences and priorities, and applying this lens to advocacy.

**Dr. Abraham (Rami) Rudnick**

**DESIGNATIONS**

*BMedSc, MD, MPsyCh, PhD, FRCPC, CCPE, MCIL, DF CPA, mMBA*

Clinical academic psychiatrist for adult outpatients with suspected or confirmed operational stress injury (mental health challenges related to their military or RCMP service) across Nova Scotia (main office located in Dartmouth).

*Dr. Abraham Rudnick's profile cont'd*

**RELEVANT EXPERIENCE**

**Currently** clinical director of the Nova Scotia Operational Stress Injury Clinic at Nova Scotia Health and Professor in the Departments of Psychiatry and Bioethics of the Faculty of Medicine and in the School of Occupational Therapy of the Faculty of Health at Dalhousie University, as well as member of the board of directors of Autism Nova Scotia, co-chair of the Policy and Health Issues Committee of Doctors Nova Scotia, chair of the Public Policy Committee of the Canadian Psychiatric Association, member of the policy committee of the Royal College of Physicians and Surgeons of Canada and member of the ethics committee of the Canadian Medical Association.

**Previously** chief of psychiatry in various jurisdictions in Ontario and in British Columbia and executive vice president of research and development at the Thunder Bay Regional Health Sciences Centre, as well as member of the board of directors of Research Canada, Psychosocial Rehabilitation Canada, the Change Foundation, and the Canadian Mental Health Association.

**MOTIVATION**

I would like to serve as a member of the board of directors of Doctors Nova Scotia in order to contribute to health care success and physician satisfaction in Nova Scotia, using my experience of more than a couple of decades as a practicing physician and health care leader in Canada (more than half a dozen years to date in Nova Scotia). I can offer to my colleagues as their representative a person-centered, evidence-informed and socially responsible and responsive approach (Rudnick 2014) that is collaborative with physicians and other health care providers and leaders (Daigle and Rudnick 2020), with learners and with services users – patients and other stakeholders such as their families – involving shared terms (Rudnick 2025). In particular, I would prioritize human health resources planning (as I do with other organizations such as currently at the Canadian Psychiatric Association in relation to psychiatry human resourcing), leveraging evidence and technology to optimize cost-effective medical and other health services, equity, diversity, inclusion and accessibility for all, and more. Whether I am elected or not, I will continue to work towards more and better health care for all Nova Scotians.