Specialist – Outside Metro Halifax



Dr. Oliva Ortiz-Alvarez

DESIGNATIONS

Pediatric consultant at Saint Martha's Regional Hospital (SMRH) from 2006- to present time. Department Head or Pediatric Lead at SMRH

RELEVANT EXPERIENCE

- I was the president of the Atlantic Pediatric Society from 2019-2022
- I have been the Pediatrics Department Head at SMRH since 2021 to present time
- I represent the SMRH pediatric group at the Pediatric Operational Group for the Atlantic Provinces.
- I have served as member of the Acute Care Committee at the Canadian Pediatric Society (CPS) and worked on clinical guidelines that have been published.
- I have served as a member of the CPS Mental Health and Developmental Disabilities Committee
- I have served as a member of the CPS Professional Development Committee.
- I am currently a member and executive board of the CPS Community Pediatrics Section, and I am also a member of the Special Interest Group in Rural Pediatrics at the CPS.

MOTIVATION

I have been a member of the local community of physicians for nearly 20 years. I have faced local challenges in getting our voices heard across different forums. We (rural specialists) are a small group of physicians' work force, and yet we served half of the NS population.

Limited resources, particularly qualified allied heath personnel in our local communities, make our work more complex; this fact is poorly understood by people working in larger communities. I would like to represent my fellow rural specialists to have our voices and needs heard.

We served a population that has limited access to resources and has greater health care needs. These facts lead us rural specialists to have a greater burn out and less job satisfaction; it is also hard to recruit and to obtain locum support. I would like to help to make our jobs more sustainable by getting more satisfaction while doing it.

Areas that can be improved to get more job satisfaction include but are not limited to:

- 1. Having access to more locum support services
- 2. Having equal opportunities and recognition for teaching medical students, residents and other allied personnel. We rural specialists are just as qualified as our fellow colleagues from the larger centers for teaching; therefore, we should be considered for tenure track positions in the local universities.
- 3. For rural specialists interested in doing research there should be enough support and opportunities.

Dr. Luke Richardson

DESIGNATIONS

Full Time Emergency Medicine Physician at Valley Regional Hospital BScH, MPH, MD, FRCPC

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Dr. Luke Richardson's profile cont'd

RELEVANT EXPERIENCE

Relevant Occupations:

Doctor's Nova Scotia: Board of Directors Member - (2022 to present)

- Representing rural specialists on the DNS Board of Directors.
- Serve on the Awards Committee and Nominating Committee as well

One Patient, One Record: Provincial Emergency Medicine Physician Lead (2022 to present)

 Clinical Lead for the One Patient, One Record Clinical Information System including assistance with implementation plan and eventual roll out.

Command Center C3: Western Zone Physician Lead (2023 to present)

• Physician lead for the C3 project for access and flow for western zone including SOP development, strategy, implementation and communications.

Halifax Regional Fire and Emergency (HRFE): Medical Director (2022 to present)

 Physician lead for HRFE including oversight of paramedics, medical first responders, and offline medical oversight.

Heavy Urban Search and Rescue Team (HUSAR): Nova Scotia Physician Lead (2022 to present)

• Physician lead for the Nova Scotia HUSAR team focused on developing disaster planning and rescue initiatives our province.

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Your Health Nova Scotia Chat Bot Physician Lead (2022 to 2024)

• Led our working group and was the chief clinical lead on building chat flows associated with current health concerns to be digitalized into the YHNS Chat Bot for public use.

Relevant Educational Activities

Leadership Training: 2021-2022

- Completed the Dr. Nova Scotia, Physician Leadership Development Program
 - 1 year longitudinal course involving lectures and projects focused on improving leadership skills
 - Specialty project focused on the marginalization of youth sub-populations requiring mental health and addictions care
 - o Extra course taken in change management post course completion.

Rural Trauma Course: 2017-2020

• Instructor for rural trauma course of Nova Scotia

Translating Emergency Knowledge for Kids Instructor: 2018-2020

• Instructor for TREKK road shows of Nova Scotia

Emergency Physician: Valley Regional Hospital and IWK (2020 to present)

• Fully licensed staff physician primarily based at the Valley Regional Hospital

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Dr. Luke Richardson's profile cont'd

Relevant Leadership

ACT-EAST Emergency Representative (2020 to present)

 Represent emergency medicine at Valley Regional Hospital to improve stroke care and best practices. The primary roll of ACT-EAST is to improve door to needle time with secondary focus on overall stroke care. This is done by improving education and communication with the numerous stakeholders involved in stroke care.

Co-Chief of FRCPC Emergency Medicine Residency Program, Dalhousie University (2017-2018)

• Represent the residents in relation to the RPC committee and act as a voice on their behalf in any circumstances which arise. Another key component of my role is to sit on the Competency Based Design (CBD)Curriculum Committee and help facilitate the new design of our CBD curriculum.

Dalhousie Medicine Students' Society (DMSS) President and Past-President (2012-2014)

• Liaison between students and stakeholders in a variety of domains. Key development areas included the implementation of a new time-off strategy, improvements in curriculum with particular improvements in anatomy and pharmacology, development of better communication methods across satellite campuses, and improving faculty-student relations.

Co-Class President (2013-2015)

• Leadership role for the Class of 2015 focusing on student concerns, assisting and providing resources for electives and CaRMS preparation, as well as focusing on student wellness.

Canadian Association of Emergency Physicians (CAEP) National Student Representative (2013-2015)

Represented Canadian students interested in EM. Key achievements include organizing CAEP
Students' Symposium and adding an extra speaking component, building upon the Student-Resident
Mentorship Program, creating a bi-monthly Canadian EMIG Leader Teleconference, and improving
group communications through social networks.

Relevant Committee Involvement

Canadian Association of Emergency Physicians (CAEP) Digital Health Committee [Executive Member] (2023 to present)

One of the core physician leads on the Digital Health Executive focused on discussing and advocating for current digital health projects and changes in the Emergency Medicine space.

Canadian Associated of Emergency Physicians (CAEP) Rural and Remote Physician Committee (2023 to present)

Member on the Rural and Remote committee discussing relevant issues related to Emergency Medicine with a focus on rural and remote areas.

OPOR Governance Committee (2024 to present)

Serve to assist with governance and final approval of workflows and critical issues

OPOR Order Set Approval Working Group (2024 to present)

Final review of all order sets created or innovated for the OPOR CIS.

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Dr. Luke Richardson's profile cont'd

Integrated Acute Care Network: (2021-Present)

This multidisciplinary group has a provincial scope and mandate to design and recommend strategy and improvement plans in the below listed service areas. (1.) Ensure service delivery is aligned with NSH strategic priorities; (2.) Support the identification of relevant outcomes and set targets and methods for their measurement; (3.) Ensure standards and service delivery models are evidence-based, sustainable, accountable, equitable, accessible, portable, collaborative, and coordinated; (4.) Support grassroots development and spread of local clinical and service innovations to improve health outcomes for Nova Scotians

Valley Regional Emergency / Diagnostic Imaging CQI Committee (2023-present)

Serve as Emergency Provider on the DI/ED CQI Committee to improve care at our site.

Provincial Antidote Committee (2020-Present)

Community member on the PAC which focuses on the sourcing, education, distribution, and policy development surrounding toxicology and antidotes for Nova Scotia.

Competency Based Design Committee (2017 - 2018)

Represent resident voice in the design of the new CBD curriculum.

Residency Program Committee – Co-Chief Representative (2017-2018)

Represent the residents in all discussions involved in the RPC

CAEP Resident Committee (2013-2015)

Discussed action items related to EM Physicians, Residents, and Students.

MOTIVATION

It would be with great pleasure that I would be granted the opportunity to serve for another term as a Board Member for the Doctors Nova Scotia Board of Directors. I have gained a significant amount of experience over my current term and look forward to the ability to positively use this experience to advocate for our physician members. I aim to be an asset to the Board by bringing my diverse background in leadership, my experience regarding the struggles inherent to rural medicine, and my ongoing work in digital health / CQI.

I think our province is the best part of Canada and our population deserves the best; both at the patient and physician level. I believe strongly in a strategy that focuses on grossly limiting marginalization while maximizing the potential for our physician community to deliver the best possible care to our patients.

As a life-long blue noser, I plan to continue my work focused on improving care delivery for patients but also recognizing the importance of work life balance for our provider community. By joining the Board of Directors, I would be delighted to help develop the further strategic direction of Doctors Nova Scotia.